



Path to Purpose

8 Steps to Transformation Worksheet



002 - You Feel Left Behind

Understanding Your Path, Your
Pace, and Your Purpose



Stepping Forward in Your Rhythm

Welcome back!

If you're here, you've already started shaking off those "stuck" feelings we talked about in the first article. Now, let's dig deeper. **You're not just unstuck; you're moving.** But maybe you're looking around and feeling like others are moving faster, hitting milestones while you're still finding your footing. If that resonates, you're in the right place.

This worksheet is all about owning your pace and trusting that your steps whether slow, steady, or surprising are exactly what you need right now. You're not falling behind, even if it feels that way. In fact, every move you make is leading you closer to your fulfilling your purpose.

Path to Purpose: 8 Steps to Transformation Worksheet is here to keep you focused on your own journey while offering practical ways to embrace your pace. It's a toolkit for perspective shifts, guiding you to appreciate where you are, not where others are going.

To make the most of this experience, print out the worksheet, write your answers in a notebook, or download and type directly into the document (Make sure you save it when you are done). Either way, the key is to reflect and move forward with intention.

I'd love to hear how this journey is unfolding for you. Share your progress and tag me @elhexperience using the hashtag #Purpose on Instagram, Facebook, TikTok, Threads, or LinkedIn.

We are excited to hear from you.

Visit us at www.ericlharrison.com to become a member of the community.

Please answer the following question...

1

Think about a time recently when you caught yourself comparing your progress to someone else's. What did that comparison steal from your moment? (e.g., joy, self-worth, motivation)

2

What's one small action you can take this week to reconnect with your own goals and release the pressure of comparison?

3

Instead of comparing yourself to others, what can you learn from the paths others have taken?



Well Done!

Keep Moving Forward

Congratulations!

You've just taken another bold step in your journey, and this time, it's about owning your pace and finding strength in your path. Each reflection brings you closer to understanding that where you are right now is where you're supposed to be.

No more waiting, no more comparing, just real-time growth for real-time solutions.

So, what do you say?

Let's keep growing and moving forward! Join us today and continue building the life you're meant to live, together!

For more on these subjects, visit www.ericlharrison.com and explore more resources to help you unlock the life that's been waiting for you. The goal of our community is to equip you to live with your life's purpose in mind.

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